

STATION # 1 CARDIAC ARREST MANAGEMENT – FIRST RESPONDER & EMT-B**TIME LIMIT – 10 Minutes****Start:** _____ **Finish:** _____**Candidate Name:** _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. ASSESSMENT			
Takes or verbalizes Body Substance Isolation (BSI) Precautions			
Directs Rescuer to stop CPR			
Verifies absence of spontaneous pulse (examiner states “no pulse”)		Critical Skill	
Directs resumption of CPR			
2. TREATMENT			
Turns on semi-automatic defibrillator and attaches leads to the patient			
Directs rescuer to stop CPR and ensures all individuals are clear of patient		Critical Skill	
Initiates analysis of rhythm		Critical Skill	
Delivers up to three “stacked” shocks		Critical Skill	
Verifies absence of spontaneous pulse (examiner states “no pulse”)		Critical Skill	
Directs resumption of CPR for 1 minute		Critical Skill	
Verbalizes repeat of rhythm analysis and 2 nd series of stacked shocks, if indicated.		Critical Skill	
3. RANDOM SKILL – Candidate will perform either a CPR or Foreign Body Airway Obstruction (FBAO) skill			
A. CPR (Indicated skill selected: _____)			
i. Sequencing		Critical Skill	
ii. Timing		Critical Skill	
iii. Ventilations		Critical Skill	
iv. Compressions		Critical Skill	
B. FBAO (Indicate Skill selected: _____)			
i. Sequencing		Critical Skill	
ii. Hand Position		Critical Skill	

Total “No’s” other than “Critical Skills”: _____**PASS:** _____ **FAIL:** _____**Passing: Completes all “Critical Skills”
and misses no more than 1 non-critical skill****Examiner:** _____*(Maine EMS Skillsheet – Series BLSCAR#1 – 08/02)*

CPR SKILLS REFERENCE SHEET

<p>Adult one-rescuer CPR</p> <ul style="list-style-type: none"> Establishes unresponsiveness. Calls for ALS. Opens airway and checks for breathing. <i>(Breathing absent.)</i> Gives two slow breaths, ensuring chest rise and allowing for exhalation. Checks for carotid pulse and other signs of circulation. <i>(No signs of circulation.)</i> Begins cycles of chest compressions and breaths at ratio of 15:2. Rechecks for signs of circulation after one minute <i>(no signs of circulation)</i> and continues CPR. 	<p>Adult FBAO Responsive becomes Unresponsive</p> <ul style="list-style-type: none"> Confirms choking. Gives abdominal thrusts. Repeats thrusts until obstruction is relieved or victim becomes unresponsive. <i>(Victim becomes unresponsive.)</i> Calls for ALS. Opens airway with tongue-jaw lift; performs finger sweep. Opens airway and attempts ventilation. <i>(Obstruction remains.)</i> Re-positions/re-opens airway and re-attempts ventilation. <i>(Ventilation unsuccessful.)</i> Provides up to five abdominal thrusts with victim supine. Repeats ventilation attempts/re-position/thrusts until rescue breathing is effective, then continues the steps of CPR as needed.
<p>Infant one rescuer CPR</p> <ul style="list-style-type: none"> Establishes unresponsiveness. Assigns someone to call for ALS. Opens airway and checks for breathing. <i>(Breathing absent.)</i> Gives two slow breaths, ensuring adequate chest rise and allowing for exhalation. Checks for brachial pulse and other signs of circulation. <i>(No signs of circulation.)</i> Begins cycles of chest compressions and breaths at ratio of 5:1. Rechecks for signs of circulation after one minute <i>(no signs of circulation)</i>, activates ALS if not already done, and continues CPR. 	<p>Infant FBAO Responsive becomes Unresponsive</p> <ul style="list-style-type: none"> Confirms signs of severe or complete airway obstruction. Gives back blows and chest thrusts correctly. Repeats back blows and chest thrusts until obstruction is relieved or victim becomes unresponsive. <i>(Victim becomes unresponsive.)</i> Assigns someone to call for ALS. Opens airway with tongue-jaw lift; removes object only if seen. Opens airway and attempts ventilation. <i>(Obstruction remains.)</i> Re-positions/re-opens airway and re-attempts ventilation. <i>(Ventilation unsuccessful.)</i> Provides up to five back blows and chest thrusts. Repeats ventilation attempts/re-position/back blows and chest thrusts until rescue breathing is effective, activates ALS after one minute if not already done, and continues the steps of CPR as needed.
<p>Child one rescuer CPR</p> <ul style="list-style-type: none"> Establishes unresponsiveness. Assigns someone to call for ALS. Opens airway and checks for breathing. <i>(Breathing absent.)</i> Gives two slow breaths, ensuring adequate chest rise and allowing for exhalation. Checks for carotid pulse and other signs of circulation. <i>(No signs of circulation.)</i> Begins cycles of chest compressions and breaths at ratio of 5:1. Rechecks for signs of circulation after one minute <i>(no signs of circulation)</i>, activates ALS if not already done, and continues CPR. 	<p>Child FBAO Responsive becomes Unresponsive</p> <ul style="list-style-type: none"> Confirms choking. Gives abdominal thrusts. Repeats thrusts until obstruction is relieved or victim becomes unresponsive. <i>(Victim becomes unresponsive.)</i> Assigns someone to call for ALS. Opens airway with tongue-jaw lift; removes object only if seen. Opens airway and attempts ventilation. <i>(Obstruction remains.)</i> Re-positions/re-opens airway and re-attempts ventilation. <i>(Ventilation unsuccessful.)</i> Provides abdominal thrusts with victim supine. Repeats ventilation attempts/re-position/thrusts until rescue breathing is effective, activates ALS after one minute if not already done, and continues the steps of CPR as needed.

- Note to examiner: the items that are *highlighted and italicized* are your responses to the candidate's assessment or actions.

INTERMEDIATE STATION #1: CARDIAC LIFE SUPPORT**TIME LIMIT: 10 MINUTES****Start:** _____ **Finish:** _____**Candidate Name:** _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. CPR or FBAO			
Skill selected: _____			
A. Sequencing (CPR or FBAO)		Critical Skill	
B. Hand Position (CPR or FBAO)		Critical Skill	
C. Timing (CPR only)		Critical Skill	
D. Ventilations (CPR only)		Critical Skill	
E. Compressions (CPR only)		Critical Skill	
2. ECG MONITOR/DEFIBRILLATION – Candidate arrives on the scene of a patient with “cardiac problems”. Candidate is told that a partner is available to assist with “basic level” care, but that the candidate must state the care desired and when it is to be rendered. Patient is unconscious; evaluation and treatment begins.			
A. Patient in Cardiac Arrest – CPR Initiated		Critical Skill	
B. Sets up Lead II or quick look paddles (Note: Candidate must indicate application of conductive gel if using quick look paddles).		Critical Skill	
C. Identifies (indicate rhythm selected): _____		Critical Skill	
D. Conductive medium applied to paddles (verbalize)		Critical Skill	
E. Charges Defibrillator to 200 joules (verbalize)		Critical Skill	
F. Correct placement of paddles		Critical Skill	
G. Insures visually and verbally that on one is in physical contact physical contact with the patient		Critical Skill	
H. Delivers up to 3 “stacked” defibrillations (at correct joule setting for each successive shock) with monitor check between each defibrillation.		Critical Skill	
I. Checks pulse following 3 rd . defibrillation		Critical Skill	
J. Identifies new rhythm		Critical Skill	
K. Verbalizes correct Airway, IV, and CPR procedures according to to rhythm in “J” above		Critical Skill	
L. Contacts Medical Control		Critical Skill	

Passing Criteria: All Critical Skills “Yes”**PASS:** _____ **FAIL:** _____**Examiner:** _____

CPR SKILLS REFERENCE SHEET

<p><i>Adult one-rescuer CPR</i></p> <ul style="list-style-type: none"> Establishes unresponsiveness. Calls for ALS. Opens airway and checks for breathing. <i>(Breathing absent.)</i> Gives two slow breaths, ensuring chest rise and allowing for exhalation. Checks for carotid pulse and other signs of circulation. <i>(No signs of circulation.)</i> Begins cycles of chest compressions and breaths at ratio of 15:2. Rechecks for signs of circulation after one minute <i>(no signs of circulation)</i> and continues CPR. 	<p><i>Adult FBAO Responsive becomes Unresponsive</i></p> <ul style="list-style-type: none"> Confirms choking. Gives abdominal thrusts. Repeats thrusts until obstruction is relieved or victim becomes unresponsive. <i>(Victim becomes unresponsive.)</i> Calls for ALS. Opens airway with tongue-jaw lift; performs finger sweep. Opens airway and attempts ventilation. <i>(Obstruction remains.)</i> Re-positions/re-opens airway and re-attempts ventilation. <i>(Ventilation unsuccessful.)</i> Provides up to five abdominal thrusts with victim supine. Repeats ventilation attempts/re-position/thrusts until rescue breathing is effective, then continues the steps of CPR as needed.
<p><i>Infant one rescuer CPR</i></p> <ul style="list-style-type: none"> Establishes unresponsiveness. Assigns someone to call for ALS. Opens airway and checks for breathing. <i>(Breathing absent.)</i> Gives two slow breaths, ensuring adequate chest rise and allowing for exhalation. Checks for brachial pulse and other signs of circulation. <i>(No signs of circulation.)</i> Begins cycles of chest compressions and breaths at ratio of 5:1. Rechecks for signs of circulation after one minute <i>(no signs of circulation)</i>, activates ALS if not already done, and continues CPR. 	<p><i>Infant FBAO Responsive becomes Unresponsive</i></p> <ul style="list-style-type: none"> Confirms signs of severe or complete airway obstruction. Gives back blows and chest thrusts correctly. Repeats back blows and chest thrusts until obstruction is relieved or victim becomes unresponsive. <i>(Victim becomes unresponsive.)</i> Assigns someone to call for ALS. Opens airway with tongue-jaw lift; removes object only if seen. Opens airway and attempts ventilation. <i>(Obstruction remains.)</i> Re-positions/re-opens airway and re-attempts ventilation. <i>(Ventilation unsuccessful.)</i> Provides up to five back blows and chest thrusts. Repeats ventilation attempts/re-position/back blows and chest thrusts until rescue breathing is effective, activates ALS after one minute if not already done, and continues the steps of CPR as needed.
<p><i>Child one rescuer CPR</i></p> <ul style="list-style-type: none"> Establishes unresponsiveness. Assigns someone to call for ALS. Opens airway and checks for breathing. <i>(Breathing absent.)</i> Gives two slow breaths, ensuring adequate chest rise and allowing for exhalation. Checks for carotid pulse and other signs of circulation. <i>(No signs of circulation.)</i> Begins cycles of chest compressions and breaths at ratio of 5:1. Rechecks for signs of circulation after one minute <i>(no signs of circulation)</i>, activates ALS if not already done, and continues CPR. 	<p><i>Child FBAO Responsive becomes Unresponsive</i></p> <ul style="list-style-type: none"> Confirms choking. Gives abdominal thrusts. Repeats thrusts until obstruction is relieved or victim becomes unresponsive. <i>(Victim becomes unresponsive.)</i> Assigns someone to call for ALS. Opens airway with tongue-jaw lift; removes object only if seen. Opens airway and attempts ventilation. <i>(Obstruction remains.)</i> Re-positions/re-opens airway and re-attempts ventilation. <i>(Ventilation unsuccessful.)</i> Provides abdominal thrusts with victim supine. Repeats ventilation attempts/re-position/thrusts until rescue breathing is effective, activates ALS after one minute if not already done, and continues the steps of CPR as needed.

- Note to examiner: the items that are *highlighted and italicized* are your responses to the candidate's assessment or actions.

PARAMEDIC STATION #1A: VENTRICULAR FIBRILLATION PULSELESS VENTRICULAR TACHYCARDIA

TIME LIMIT: 10 MINUTES START: _____ FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. VENTRICULAR FIBRILLATION/PULSELESS VENTRICULAR TACHYCARDIA – Candidate arrives on scene of a patient with “cardiac problems”. Candidate is told that a partner is available to assist with “basic level” care, but that the candidate must state the care desired and when it is to be rendered. Patient is unconscious; evaluation and treatment begins.			
A. Patient in Cardiac Arrest – CPR Initiated		Critical Skill	
B. Set up Lead II or quick look paddles (Note: Candidate must indicate application of conductive gel if using quick look paddles.)		Critical Skill	
C. Identifies (indicate rhythm selected): _____		Critical Skill	
D. Confirms pulselessness		Critical Skill	
E. Conductive medium applied to paddles (verbalize)		Critical Skill	
F. Charges Defibrillator to 200 joules (verbalize)		Critical Skill	
G. Correct placement of paddles		Critical Skill	
H. Insures visually and verbally that no one is in contact with the patient		Critical Skill	
I. Delivers up to 3 “stacked” defibrillations (200, 200-300, 360) with monitor check between each defibrillation.		Critical Skill	
J. Checks pulse following 3 rd . defibrillation		Critical Skill	
K. Verbalizes continuation of CPR		Critical Skill	
L. Verbalizes establishment of endotracheal tube and intravenous line.		Critical Skill	
M. Administers Epinephrine 1:10,000 1 mg IV or 2 mg 1:1,000 ET w/flush, every 3-5 minutes.		Critical Skill	
N. Charges Defibrillator to 360 joules (verbalize)		Critical Skill	
O. Correct placement of paddles		Critical Skill	
P. Ensures visually and verbally that no one is in contact with the patient		Critical Skill	
Q. Defibrillates patient		Critical Skill	
R. Checks monitor and pulse		Critical Skill	
S. Administers Lidocaine 1.5 mg/kg IV, or 3 mg/kg ET, w/flush. Repeat after 10 minutes.		Critical Skill	
T. Charges Defibrillator to 360 joules (verbalize)		Critical Skill	
U. Correct placement of paddles		Critical Skill	
V. Ensures visually and verbally that no one is in contact with the patient		Critical Skill	
W. Defibrillates patient		Critical Skill	
X. Checks monitor and pulse		Critical Skill	
Y. Administer Magnesium Sulfate 2 gm IV push		Critical Skill	

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PARAMEDIC STATION #1A: VENTRICULAR FIBRILLATION PULSELESS VENTRICULAR TACHYCARDIA

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SKILL DESCRIPTION	YES	NO	COMMENTS
Z. Charges Defibrillator to 360 joules (verbalize)		Critical Skill	
AA. Correct placement of paddles		Critical Skill	
BB. Ensures visually and verbally that no one is in contact with the patient		Critical Skill	
CC. Defibrillates patient		Critical Skill	
DD. Checks monitor and pulse		Critical Skill	
EE. Verbalizes contact with medical control for option of: ✓ Lidocaine Drip or bolus ✓ Sodium Bicarb		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet – ALSP#1A – 9/99)

PARAMEDIC STATION #1B: CARDIOGENIC SHOCK
TIME LIMIT: 5 MINUTES START: _____ FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. INITIAL ASSESSMENT INDICATES CARDIOGENIC SHOCK (See Scenario)			
A. Verbalizes administration of oxygen by NRB		Critical Skill	
B. Establishes Lead II monitoring of patient		Critical Skill	
C. Obtains Pulse, BP, Respiratory Rate, & Breath Sounds		Critical Skill	
D. Interprets rhythm		Critical Skill	
E. Establishes large bore (14 – 18 gauge) intravenous line		Critical Skill	
F. Conducts fluid challenge – 300 – 500 ml LR or NS with repeat to obtain systolic of >100		Critical Skill	
G. Contacts medical control for options of: - Dopamine drip titrated to maintain systolic >100		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ **Fail:** _____

Examiner: _____

**PARAMEDIC STATION #1C:
VENTRICULAR TACHYCARDIA - UNCONSCIOUS**
TIME LIMIT: 5 MINUTES START: _____ FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. VENTRICULAR TACHYCARDIA Patient has a pulse present; is unconscious, and symptomatic (pulmonary edema or BP <100).			
A. Verbalizes administration of oxygen via NRB or BVM		Critical Skill	
B. Establishes Lead II monitoring of patient		Critical Skill	
C. Interprets Ventricular Tachycardic rhythm		Critical Skill	
D. Checks pulse		Critical Skill	
E. Applies conductive medium to paddles		Critical Skill	
F. Verbalizes charging defillator to 100 joules (unsynchronized)		Critical Skill	
G. Positions paddles		Critical Skill	
H. Insures visually and verbally that no one is in contact with the patient		Critical Skill	
I. Delivers up to 4 "stacked" defibrillations (100 – 200 – 300 - 360) with monitor check between each defibrillation.		Critical Skill	
J. Checks monitor rhythm and patient's pulse.		Critical Skill	
K. Verbalizes establishment of endotracheal tube and IV		Critical Skill	
L. Contacts medical control for further options		Critical Skill	

Passing Criteria: All Critical Skills "Yes"

Pass: _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet – Series – ALSP#1C – 9/99)

**PARAMEDIC STATION #1D:
VENTRICULAR TACHYCARDIA - CONSCIOUS**

TIME LIMIT: 5 MINUTES START: _____ FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. VENTRICULAR TACHYCARDIA 65 year old patient has a pulse present; is conscious and asymptomatic			
A. Verbalizes administration of oxygen via NRB		Critical Skill	
B. Checks Pulse and Blood Pressure		Critical Skill	
C. Establishes Lead II monitoring of patient		Critical Skill	
D. Interprets Ventricular Tachycardic rhythm		Critical Skill	
E. Establishes appropriate IV		Critical Skill	
F. Contacts medical control for option of Lidocaine 1.5 mg/kg IV push		Critical Skill	
Option of Lidocaine granted by medical control			
G. Verbalizes administration of Lidocaine		Critical Skill	
H. Re-assesses pulse, blood pressure, respirations, level of consciousness and cardiac rhythm		Critical Skill	
Patient remains in V Tach			
I. Contacts medical control for option of Lidocaine 0.5 – 0.75 mg/kg IV push every 5 – 10 minutes until V Tach resolves or 3 mg/kg given		Critical Skill	
Medical Control grants Lidocaine 0.5 mg/kg IV push			
Patient remains in V Tach after Lidocaine administration			
J. Contacts medical control for administration of Adenosine 6 – 12 mg IV push		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ **Fail:** _____

Examiner: _____

**PARAMEDIC STATION #1E:
PREMATURE VENTRICULAR ECTOPY**

TIME LIMIT: 5 MINUTES START: _____ FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. PREMATURE VENTRICULAR ECTOPY			
Patient is conscious, in distress, and is symptomatic			
A. Verbalizes administration of oxygen via NRB		Critical Skill	
B. Checks Pulse, Blood Pressure, and Breath Sounds		Critical Skill	
C. Establishes Lead II monitoring of patient		Critical Skill	
D. Interprets sinus rhythm with Premature Ventricular Contractions (PVCs)		Critical Skill	
E. Establishes appropriate IV		Critical Skill	
F. Contacts medical control for options of Lidocaine 1.5 mg/kg IV slow push (<50 mg/minute)		Critical Skill	
Option of Lidocaine granted by medical control			
G. Verbalizes administration of Lidocaine		Critical Skill	
H. Re-assesses pulse, blood pressure, respirations, level of consciousness and cardiac rhythm		Critical Skill	
Ectopy not suppressed by initial dose			
I. Contacts medical control for option of: - repeat Lidocaine bolus – 0.5 – 0/75 mg/kg IV slow push - Lidocaine drip 2 – 4 mg/minute		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ Fail: _____

Examiner: _____

(Maine EMS Skillsheet – Series ALSP #1E – 9/99)

**PARAMEDIC STATION #1F:
SUPRAVENTRICULAR TACHYCARDIA (SVT)**

TIME LIMIT: 5 MINUTES START: _____ FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
A. Verbalizes administration of oxygen via NRB		Critical Skill	
B. Checks Pulse, Blood Pressure, and Breath Sounds		Critical Skill	
C. Establishes Lead II monitoring of patient		Critical Skill	
D. Interprets SVT		Critical Skill	
E. Establishes appropriate IV		Critical Skill	
F. Contacts medical control for option of Valsalva maneuver		Critical Skill	
Option of Valsalva Maneuver granted by medical control			
G. Verbalizes Valsalva Maneuver		Critical Skill	
SVT not suppressed by Valsalva Maneuver			
H. Contacts medical control for option of Adenosine 6 – 12 mg rapid IV push w/rapid saline flush		Critical Skill	
Option of Adenosine 6 mg, granted by medical control			
I. Verbalizes administration of Adenosine		Critical Skill	
SVT not suppressed by Adenosine			
J. Contacts Medical Control for repeat bolus of Adenosine		Critical Skill	
Medical control orders synchronized cardioversion			
K. Verbalizes premedication of patient with Diazepam 5 – 10 mg. IV, or Morphine 2 – 10 mg IV.		Critical Skill	
L. Conductive medium applied to paddles (verbalize)		Critical Skill	
M. Charges Defibrillator to 50 joules (verbalize)		Critical Skill	
N. Correct placement of paddles		Critical Skill	
O. Insures visually and verbally that no one is in contact with the patient		Critical Skill	
P. Delivers up to 5 “stacked” synchronized cardioversions (50 – 100 - 200 – 300 – 360 joules) w/monitor check between each cardioversion		Critical Skill	
Q. Checks pulse following final cardioversion		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ Fail: _____

Examiner: _____

PARAMEDIC STATION #1G
PULSELESS ELECTRICAL ACTIVITY (PEA)

TIME LIMIT: 5 MINUTES **START:** _____ **FINISH:** _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
Arrhythmia chosen: _____			
1. EMS has been called to assist a 30 year old female patient found lying in the street. CPR is underway by a passing motorist. No other history is known.			
A. Stops CPR; assesses Airway, Breathing and Circulation		Critical Skill	
B. Verbalizes continuation of CPR		Critical Skill	
C. Set up Lead II or quick look paddles (Note: Student must indicate application of conductive gel if using quick look paddles).		Critical Skill	
D. Identifies rhythm		Critical Skill	
E. Verbalizes establishment of endotracheal tube and intravenous line.		Critical Skill	
F. Administers Normal Saline at wide open rate		Critical Skill	
G. Identifies 3 possible causes of PEA		Critical Skill	
H. Administers Epinephrine 1:10,000 1 mg IV or, Epinephrine 2 mg. 1:1,000 ET w/flush every 3 – 5 minutes		Critical Skill	
I. Administers (if heart rate <60) Atropine 1 mg IV push or 2 mg ET w/flush every 3 – 5 minutes to a maximum of 0.04 mg/kg IV, or 0.08 mg/kg ET		Critical Skill	
J. Re evaluates Patient and Dysrhythmia		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet – Series ALSP#1G – 9/99)

PARAMEDIC STATION #1H

ASYSTOLE

TIME LIMIT: 5 MINUTES

START: _____

FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. EMS is called for a person down			
A. Identifies cardiac arrest and Initiates CPR (verbalizes)		Critical Skill	
B. Set up Lead II or quick look paddles (Note: Student must indicate application of conductive gel if using quick look paddles.)		Critical Skill	
C. Recognizes asystole (confirms in 2 leads)		Critical Skill	
D. Verbalizes establishment of endotracheal tube and intravenous line		Critical Skill	
E. Administers Epinephrine 1:10,000 1 mg IV or, Epinephrine 1:1,000 2 mg ET w/flush every 3 – 5 minutes		Critical Skill	
F. Administers Atropine 1 mg IV push or 2 mg ET w/flush to a 0.04 mg/kg IV, or 0.08 mg/kg ET		Critical Skill	
G. Re evaluates Patient and Dysrhythmia		Critical Skill	
H. Contacts medical control for option of: <ul style="list-style-type: none">- Sodium Bicarb- Termination of resuscitation		Critical Skill	

Passing Criteria: All Critical Skills “Yes”

Pass: _____ Fail: _____

Examiner: _____

(Maine EMS Skillsheet – Series ALSP#1H – 9/99)

PARAMEDIC STATION #11

BRADYCARDIA AND HEART BLOCKS

TIME LIMIT: 5 MINUTES START: _____ FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
ARRHYTHMIA CHOSEN:			
<input type="checkbox"/> Sinus Bradycardia <input type="checkbox"/> Sinus Rhythm w/2°, Type I, Block <input type="checkbox"/> Sinus Rhythm w/2°, Type II, Block <input type="checkbox"/> Sinus Rhythm w/3° Block			
A. Verbalizes administration of oxygen via NRB or BVM		Critical Skill	
B. Checks Pulse, Blood Pressure and Breath Sounds		Critical Skill	
C. Establishes Lead II monitoring of patient		Critical Skill	
D. Interprets Dysrhythmia		Critical Skill	
E. Establishes appropriate IV		Critical Skill	
F. Verbalizes administration of Atropine 0.5 – 1.0 mg IV push every 3 – 5 minutes as needed, to a maximum dosage of 0.03 – 0.04 mg/kg		Critical Skill	
G. Re-assesses pulse, blood pressure, respirations, level of consciousness and cardiac rhythm.		Critical Skill	
Patient doesn't respond to atropine			
H. Verbalizes Application of External Pacer. Considers pre-medication with Diazepam 5 – 10 mg/IV or Morphine 2 – 10 mg/IV		Critical Skill	
Patient remains in Arrhythmia			
I. Contacts medical control for option - Repeat boluses of Atropine - Dopamine Drip		Critical Skill	

Passing Criteria: All Critical Skills "Yes"

Pass: _____ **Fail:** _____

Examiner: _____

STATION # 2: AIRWAY – FIRST RESPONDER & EMT – B
TIME LIMIT – 10 MINUTES Start: _____ Finish: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. BODY SUBSTANCE ISOLATION (BSI)			
Verbalizes BSI precautions			
2. ORAL AIRWAY			
Selects appropriate size			
Inserts properly		Critical Skill	
3. NASAL AIRWAY			
Selects appropriate size			
Lubricates properly			
Inserts properly			
4. SUCTION			
Assures machine is functioning			
Selects correct catheter size			
Measures catheter properly			
Suctions only on withdrawal			
5. OXYGEN – BAG VALVE MASK (BVM)			
Attaches regulator to tank			
Attaches oxygen tubing to BVM			
Assures oral airway in place			
Uses 10 – 15 liters per minute (1pm)			
Ventilates manikin every 5 – 6 seconds with chest rise		Critical Skill	
6. OXYGEN – SUPPLEMENTAL			
Assures 2 – 6 lpm flow to nasal cannula			
Correctly applies nasal cannula			
Applies non-rebreather with reservoir inflated (keep bag full)			

Total “No’s” other than “Critical Skills”: _____

PASS: _____ **FAIL:** _____

**Passing: Completes all “Critical Skills”
and misses no more than 4 non-critical skills**

Examiner: _____

(Maine EMS Skillsheet – Series BLSAIR#2 – 12/99)

INTERMEDIATE STATION #2: AIRWAY

TIME LIMIT: 15 MINUTES

START: _____

FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. OXYGEN, BAG VALVE MASK			
A. Takes or verbalizes Body Substance Isolation (BSI) precautions			
B. Attaches oxygen tubing (Regulator to Reservoir)			
C. Inserts Oral Airway			
D. Uses 10 - 15 Liters Per Minute (LPM) Oxygen			
E. Ventilates manikin every 5 – 6 seconds with chest rise		Critical Skill	
2. OXYGEN – SUPPLEMENTAL			
A. Applies Non Rebreather Mask with Reservoir inflated			
3. ENDOTRACHEAL INTUBATION Patient is being ventilated and is in correct anatomical position			
A. Directs hyperventilation of patient			
B. Assembles Equipment			
C. Checks cuff for leaks			
D. Lubricates cuff			
Basic care is stopped			
E. Uses left hand to advance laryngoscope into the oropharynx until vocal cords are visualized (NOTE: Candidates may use right hand if they bring appropriate blades.)		Critical Skill	
F. Teeth NOT used as fulcrum		Critical Skill	
G. Inserts ET and removes laryngoscope		Critical Skill	
H. Inflates distal cuff until resistance is met		Critical Skill	
I. Ventilates, and auscultates both lungs and epigastrium		Critical Skill	
J. Attaches and verifies tube placement by ETCO ₂ Detector or E.D.D.		Critical Skill	
K. Secures tube in place		Critical Skill	
L. Patient NOT WITHOUT ventilations for more than 30 seconds		Critical Skill	

Passing Criteria: All Critical Skills “Yes” and no more than 2 other “No’s”

Total “No’s” other than “Critical Skill: _____ **Pass:** _____ **Fail:** _____

Examiner: _____

CONTINUED
PAGE - 1 of 2

INTERMEDIATE STATION #2: AIRWAY

Page – 2 of 2

SKILL DESCRIPTION	YES	NO	COMMENTS
4. NEBULIZED MEDICATION – Assume BSI			
A. Verbalizes contact with Medical Control for permission to administer medication. Identifies medication to be administered, route of administration and dosage.	Critical Skill		
B. Checks vial for: medication name, expiration date, and contaminants.	Critical Skill		
C. Assembles the nebulizer device.	Critical Skill		
D. Places 2.5 mg of Albuterol in 3 cc of Normal Saline into the reservoir well.	Critical Skill		
E. Connects device to oxygen supply and administers nebulizer with oxygen flow of 6 – 12 liters per minute.	Critical Skill		
F. Instructs patient on how to inhale medication.	Critical Skill		
F. Verbalizes reassessment of patient vital signs and ECG after treatment.	Critical Skill		

Passing Grade: All Critical Skills Performed.

Pass: _____ **Fail:** _____

Examiner: _____

START: _____ FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. OXYGEN, BAG VALVE MASK			
A. Takes or verbalizes Body Substance Isolation (BSI) precautions			
B. Attaches oxygen tubing (Regulator to Reservoir)			
C. Inserts Oral Airway			
D. Uses 10 – 15 Liters Per Minute (LPM) oxygen			
E. Ventilates Manikin every 5 – 6 seconds with chest rise		Critical Skill	
1. A OXYGEN – SUPPLEMENTAL			
A. Applies Non Rebreather Mask with Reservoir inflated			

Passing Criteria: All Critical Skills “Yes” and no more than 1 other “No”

Total “No’s” other than Critical Skill: _____ Pass: _____ Fail: _____

Examiner: _____

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SKILLS SELECTED (Check 2)

☐ Needle Cricothyrotomy☐ Surgical Cricothyrotomy☐ Chest Decompression

SKILL DESCRIPTION	YES	NO	COMMENTS
2. ENDOTRACHEAL INTUBATION			
Patient is being ventilated and is in correct anatomical position			
A. Directs hyperventilation of patient			
B. Assembles Equipment			
C. Checks cuff for leaks			
D. Lubricates cuff			
Basic care is stopped			
E. Uses left hand to advance laryngoscope into oropharynx until vocal cords are visualized (Note: Candidates may use right hand if they bring appropriate blades.)		Critical Skill	
F. Teeth NOT used as fulcrum		Critical Skill	
G. Inserts ET and removes laryngoscope		Critical Skill	
H. Inflates distal cuff until resistance is met		Critical Skill	
I. Ventilates, and auscultates both lungs and epigastrium		Critical Skill	
J. Attaches and verifies tube placement by ET _{CO} ₂ Detector or E.D.D		Critical Skill	
K. Secures tube in place		Critical Skill	
L. Patient NOT WITHOUT ventilations for more than 30 seconds		Critical Skill	

Passing Criteria: All Critical Skills “Yes” and no more than 1 other “No”

Total “No’s” other than “Critical Skill: _____ Pass: _____ Fail: _____

Examiner: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
3. CRICOTHYROTOMY: completely obstructed airway			
A. Assembles equipment			
B. Extends patient's neck			
C. Takes or verbalizes Body Substance Isolation (BSI) precautions			
D. Preps skin over anterior neck			
E. Palpates cricothyroid membrane		Critical Skill	
For Needle Cricothyrotomy			
i. Inserts 14 gauge over –the needle catheter – midline and caudal - through the cricothyroid membrane		Critical Skill	
ii. Inserts needle/catheter until aspiration of tracheal air is accomplished		Critical Skill	
iii. Advances catheter into trachea and removes needle		Critical Skill	
iv. Ventilates & observes for chest rise		Critical Skill	
v. Secures catheter		Critical Skill	
vi. Ventilates patient and auscultates lungs bilaterally		Critical Skill	
For Surgical Cricothyrotomy			
i. Incises skin at level of the cricothyroid membrane		Critical Skill	
ii. Incises cricothyroid membrane		Critical Skill	
iii. Separates membrane with scalpel handle or retractor		Critical Skill	
iv. Inserts tracheotomy or endotracheal tube caudally		Critical Skill	
v. Inflates cuff		Critical Skill	
vi. Ventilates patient and auscultates bilaterally		Critical Skill	
vii. Secures tube		Critical Skill	

Passing Criteria: All Critical Skill “Yes” and no more than 1 other “No”

Total “No’s” other than “Critical Skill”: _____

Pass: _____ **Fail:** _____

Examiner: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
4. CHEST DECOMPRESSION			
A. Assembles equipment			
B. Place patient in Fowler's position			
C. Identifies decompression site (2 nd or 3 rd intercostals space – mid-clavicular line		Critical Skill	
D. Take or verbalizes Body Substance Isolation (BSI)			
E. Preps skin at the decompression site			
F. Inserts 14 gauge needle/catheter over the top of the rib – perpendicular to the chest wall		Critical Skill	
G. Removes needle		Critical Skill	
H. Evaluates escape of air from the catheter		Critical Skill	
I. Secures or removes catheter and re-evaluates patient		Critical Skill	

Passing Criteria: All Critical Skill “Yes” and no more than 1 other “No”

Total “No’s” other than “Critical Skill”: _____

Pass: _____ Fail: _____
Examiner: _____

STATION # 3: BLEEDING CONTROL AND BANDAGING – All Levels

TIME LIMIT – 10 Minutes

Start: _____ Finish: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. BODY SUBSTANCE ISOLATION (BSI)			
Performs or verbalizes BSI precautions		Critical Skill	
2. BLEEDING CONTROL			
Uses appropriate dressing		Critical Skill	
Applies pressure directly over the wound		Critical Skill	
Elevates extremity above level of heart		Critical Skill	
Locates brachial artery		Critical Skill	
3. BANGAGING – PRESSURE DRESSING			
Covers entire wound with dressing		Critical Skill	
Secures dressing with bandage		Critical Skill	
4. TREAT FOR IMPENDING SHOCK (Examiner informs candidate to treat for impending shock)			
Applies oxygen via non-rebreather		Critical Skill	
Properly positions patient		Critical Skill	
Prevents heat loss		Critical Skill	
Transport decision		Critical Skill	

Pass: _____ Fail: _____

Passing: Completes all “Critical Skills”

Examiner: _____

(Maine EMS Exam Series Bleed#3 – 12/99)

STATION # 4: SPLINTING – All Levels
TIME LIMIT – 20 MINUTES **Start:** _____ **Finish:** _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. ASSESSMENT – CIRCULATION, SENSATION AND MOTOR FUNCTION			
Assesses circulation distal to injury site (checks distal pulse)		Critical Skill	
Assesses for sensation distal to injury site			
Assesses for motor function distal to injury site			
2. INJURY SUPPORT			
Provides adequate support and protection of injured extremity throughout the examination process		Critical Skill	
3. APPLICATION OF SPLINT			
Uses appropriate splinting materials		Critical Skill	
Assures that splint is correct length		Critical Skill	
Immobilizes joints above and below injury site		Critical Skill	
Applies splint securely		Critical Skill	
Maintains immobilization/traction (as appropriate)		Critical Skill	
4. REASSESSMENT OF CIRCULATION, SENSATION, AND MOTOR FUNCTION			
Reassesses circulation distal to injury site (checks distal pulse)		Critical Skill	
Reassesses for sensation distal to injury site			
Reassesses motor function distal to injury site			
5. STABILIZATION FOR TRANSPORT			
Assures that injury is adequately stabilized for transfer to vehicle and transport		Critical Skill	

Check Injury selected:

_____ Wrist fracture (Straight*)	_____ Forearm Fracture
_____ Humerus fracture	_____ Elbow fracture/dislocation – Bent** (EMT & Above)
_____ Ankle fracture (Straight*)	_____ Lower leg fracture
_____ Knee fracture/dislocation – Bent** (EMT & Above)	_____ Femur fracture (EMT & Above)

***“Straight”**: Part distal to injury is in midline, normal, anatomic position.

** **“Bent”**: Part distal to injury is at normal 90-degree angle to part, which is proximal to injury.

Total “NO’s” other than “Critical Skill”: _____

Passing: Completes all “Critical Skill” and misses no more than 1 non-critical skill

PASS: _____ **FAIL:** _____

EXAMINER: _____

(Maine EMS Skillsheet – Series Allspl#4 – 12/99)

INTERMEDIATE STATION #3/4: FLUID/MEDS ADMINISTRATION

TIME LIMIT: 20 MINUTES

START: _____

FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. INTRAVENOUS ADMINISTRATION			
A. Takes or verbalizes Body Substance Isolation (BSI) precautions.		Critical Skill	
B. Checks expiration date, and for contaminants and leaks		Critical Skill	
C. Demonstrates or describes connection of fluid and set		Critical Skill	
D. Fills drip chamber ½ (+/-)		Critical Skill	
E. Runs fluid through tubing		Critical Skill	
F. Applies tourniquet		Critical Skill	
G. Cleans site with alcohol and/or povidone-iodine		Critical Skill	
H. Stabilizes vein			
I. Inserts catheter – bevel up		Critical Skill	
J. Obtains flashback		Critical Skill	
K. Threads catheter and removes needle		Critical Skill	
L. Disposes of needle properly			
M. Connects tubing		Critical Skill	
N. Removes tourniquet (between steps L and Q)		Critical Skill	
O. Sets Keep Open Rate – 10ml/hr		Critical Skill	
P. Secures catheter and tubing		Critical Skill	
Q. Maintains aseptic technique		Critical Skill	
R. Documents: time, fluid rate and catheter size			
S. Verbalizes reassessment of patient			

Passing Criteria for Section 1: All Critical Skills “Yes” and no more than 1 “No”

Total “No’s” other than “Critical Skill”: _____ Pass: _____ Fail: _____

Examiner: _____

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Sections 2, 3, & 4 – Medication Preparation, Subcutaneous Injection & Intravenous Push

SKILL DESCRIPTION	YES	NO	COMMENTS
2. MEDICATION PREPARATION – BSI ASSUMED			
A. Verbalizes Medical Control contract for permission to administer medication. Identifies medication to be administered, route of administration and dosage		Critical Skill	

CONTINUED

PAGE – 1 of 3

(Maine EMS Skillsheet – Series ALS-I#3/4, 01/19/01)

INTERMEDIATE STATION #3/4: FLUID/MEDS ADMINISTRATION
Section 2, 3, & 4 – Medication Preparation, Subcutaneous Injection & Intravenous Push
CONTINUED
Page 2 of 3

SKILL DESCRIPTION	YES	NO	COMMENTS
B. Checks vial for: medication name, expiration date, and contaminants		Critical Skill	
C. Selects TB syringe and 25 gauge x 5/8" needle		Critical Skill	
D. Cleans vial with alcohol		Critical Skill	
E. Injects vial with air		Critical Skill	
F. Draws medication into syringe		Critical Skill	
G. Expels air, leaving 0.3 cc of medication in syringe		Critical Skill	
H. Maintains sterile technique		Critical Skill	
3. SUBCUTANEOUS INJECTION – DEMONSTRATES THE FOLLOWING ON AN INJECTION MANIKIN			
A. Informs Patient of Procedure			
B. Exposes site		Critical Skill	
C. Cleans site with alcohol or povidone-iodine		Critical Skill	
D. Gathers skin			
DEMONSTRATES INJECTION ON MANIKIN, CITRUS FRUIT, ETC. – BSI ASSUMED			
E. Inserts needle at +/- 45 degree angle		Critical Skill	
F. Aspirates for blood return		Critical Skill	
G. Injects 0.3 cc medication		Critical Skill	
H. Withdraws needle at same angle			
I. Verbalizes disposal of needle and syringe properly			
J. Documents time, site, medication, and route			
K. Verbalizes reassessment of patient			
4. INTRAVENOUS (IV) PUSH – USE IV SET UP ALREADY ASSEMBLED BY CANDIDATE, BSI ASSUMED			
A. Verbalizes Medical Control contact for permission to administer medication. Identifies medication to be administered, route of administration and dosage		Critical Skill	
B. Checks pre-filled syringe for: medication name, expiration date, and contaminants.		Critical Skill	
C. Assembles Pre Filled Syringe		Critical Skill	
D. Informs patient of procedure		Critical Skill	
E. Ensures patency of intravenous line		Critical Skill	
F. Chooses injection port closest to IV cannula			
G. Cleans injection port with alcohol or povidone-iodine		Critical Skill	

CONTINUED
PAGE – 2 of 3

(Maine EMS Skillsheet – Series ALS-I#3/4, 01/19/01)

INTERMEDIATE STATION #3/4: FLUID/MEDS ADMINISTRATION
Section 2, 3, & 4 – Medication Preparation, Subcutaneous Injection & Intravenous Push
CONTINUED
Page 3 of 3

SKILL DESCRIPTION	YES	NO	COMMENTS
H. Inserts needle into injection port		Critical Skill	
I. Occludes IV tubing above injection port		Critical Skill	
J. Injects 50 ml of medication		Critical Skill	
K. Withdraws needle		Critical Skill	
L. Flushes administration tubing		Critical Skill	
M. Resets drip rate			
N. Disposes of syringe and needle properly			
O. Documents time, medication, and route			
P. Verbalizes reassessment of patient			

Passing Criteria for Sections 2, 3, & 4 (combined): All Critical Skills “Yes” and no more than 3 “No’s” for Non Critical Skills

Total “No’s” other than “Critical Skill”: _____ **Pass:** _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet – Series ALS-I#3/4, 01/19/01)

PARAMEDIC STATION # 3/4A FLUID/MEDS ADMINISTRATION

TIME LIMIT: 10 MINUTES START: _____ FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. INTRAVENOUS ADMINISTRATION			
A. Takes or verbalizes Body Substance Isolation (BSI) precautions		Critical Skill	
B. Checks expiration date, and for contaminants and leaks		Critical Skill	
C. Demonstrates or describes connection of fluid and set		Critical Skill	
D. Fills drip chamber ½ (+/-)		Critical Skill	
E. Runs fluid through tubing		Critical Skill	
F. Applies tourniquet		Critical Skill	
G. Cleans site with alcohol and/or providone-iodine		Critical Skill	
H. Stabilizes vein			
I. Inserts catheter – bevel up		Critical Skill	
J. Obtains flashback		Critical Skill	
K. Threads catheter and removes needle		Critical Skill	
L. Disposes of needle properly			
M. Connects tubing		Critical Skill	
N. Removes tourniquet (between steps L and Q)		Critical Skill	
O. Sets Keep Open Rate – 10ml/hr		Critical Skill	
P. Secures catheter and tubing		Critical Skill	
Q. Maintains aseptic technique		Critical Skill	
R. Documents: time, fluid rate and catheter size		Critical Skill	
S. Reassesses patient			

Passing Criteria: All Critical Skills “Yes” and no more than 1 “No”

Total “No’s” other than Critical Skill: _____ **Pass:** _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet – Series ALSP#3-4 – 9/99)

PARAMEDIC STATION # 3/4B FLUID/MEDS ADMINISTRATION

TIME LIMIT: 10 MINUTES

START: _____

FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
2. SUBCUTANEOUS INJECTION			
A. Checks vial for: medication name, expiration date, and contaminants		Critical Skill	
B. Selects TB syringe and 25 gauge x 5/8" needle		Critical Skill	
C. Cleans vial with alcohol		Critical Skill	
D. Injects vial with air		Critical Skill	
E. Draws medication into syringe		Critical Skill	
F. Expels air, leaving 0.3 cc of medication in syringe		Critical Skill	
G. Maintains sterile technique		Critical Skill	
H. Informs patients of procedure		Critical Skill	
DEMONSTRATES THE FOLLOWING ON AN INJECTION MANIKIN OR THE EXAMINER			
I. Takes or verbalized Body Substance Isolation (BSI) precautions		Critical Skill	
J. Exposes site (Deltoid)		Critical Skill	
K. Cleans site with alcohol or povidone-iodine		Critical Skill	
L. Gathers skin			
DEMONSTRATES INJECTION ON MANIKIN, CITRUS FRUIT, ETC.			
M. Inserts needle at +/-45 degree angle		Critical Skill	
N. Aspirates for blood return		Critical Skill	
O. Injects medication		Critical Skill	
P. Withdraws needle at same angle			
Q. Disposes of needle and syringe properly			
R. Documents time, site, medication, and route			
S. Reassesses patient			

Passing Criteria: All Critical Skill "Yes" and no more than 1 "No"

Total "No's" other than "Critical Skill": _____ **Pass:** _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet – Series ALSP#3-4 – 9/99)

PARAMEDIC STATION # 3/4C FLUID/MEDS ADMINISTRATION

TIME LIMIT: 10 MINUTES

START: _____

FINISH: _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
3. INTRAMUSCULAR INJECTION			
A. Checks vial for: medication name, expiration date, and contaminants		Critical Skill	
B. Selects 3 – 5 cc syringe and 21 gauge x 1” (+/-) needle		Critical Skill	
C. Cleans vial with alcohol		Critical Skill	
D. Injects vial with air		Critical Skill	
E. Draws medication into syringe		Critical Skill	
F. Expels air, leaving 2 cc for medication in syringe		Critical Skill	
G. Maintains sterile technique		Critical Skill	
H. Informs patient of procedure			
L. Draws skin taut			
DEMONSTRATES THE FOLLOWING ON AN INJECTION MANIFIN OR THE EXAMINER			
I. Takes or verbalizes Body Substance Isolation (BSI) precautions		Critical Skill	
J. Exposes site (Deltoid)		Critical Skill	
K. Cleans site with alcohol or povidone-iodine		Critical Skill	
DEMONSTRATES INJECTION ON MANIKIN, CITRUS FRUIT, ETC.			
M. Inserts needle at +/- 90 degree angle		Critical Skill	
N. Aspirates for blood return		Critical Skill	
O. Injects medication		Critical Skill	
P. Withdraws needle at same angle			
Q. Disposes of needle and syringe properly			
R. Documents time, site, medication, and route			
S. Reassesses patient			

Passing Criteria: All Critical Skill “Yes” and no more than 1 “No”

Total “No’s” other than “Critical Skill”: _____

Pass: _____ **Fail:** _____

Examiner: _____

**PARAMEDIC STATION # 3/4D
FLUID/MEDS ADMINISTRATION**

TIME LIMIT: 10 MINUTES **START:** _____ **FINISH:** _____

Candidate Name: _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
4. INTRAVENOUS (IV) PUSH			
A. Checks vial for: medication name, expiration date, and contaminants		Critical Skill	
B. Selects appropriate syringe and needle		Critical Skill	
C. Cleans vial with alcohol		Critical Skill	
D. Injects vial with air		Critical Skill	
E. Draws medication into syringe		Critical Skill	
F. Expels air, leaving 2.5 cc of medication in syringe		Critical Skill	
G. Maintains sterile technique		Critical Skill	
H. Informs patient of procedure			
DEMONSTRATES THE FOLLOWING ON AN INTRAVENOUS MANIKIN WITH IV LINE IN PLACE			
I. Takes or verbalizes Body Substance Isolation (BSI) precautions		Critical Skill	
J. Insures patency of intravenous line		Critical Skill	
K. Chooses injection port closest to IV cannula			
L. Cleans injection port with alcohol or povidone-iodine		Critical Skill	
M. Inserts needle into injection port		Critical Skill	
N. Occludes IV tubing above injection port		Critical Skill	
O. Injects medication		Critical Skill	
P. Withdraws needle		Critical Skill	
Q. Flushes administration tubing		Critical Skill	
R. Resets drip rate			
S. Disposes of syringe and needle properly			
T. Documents time, medication, and route			
U. Reassesses patient			

Passing Criteria: All Critical Skill “Yes” and no more than 1 “No”

Total “No’s” other than “Critical Skill”: _____ **Pass:** _____ **Fail:** _____

Examiner: _____

(Maine EMS Skillsheet ALSP#3-4 – 9/99)

STATION # 5: SPINAL IMMOBILIZATION – FIRST RESPONDER

TIME LIMIT – 20 MINUTES

START: _____

FINISH: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. INTERIM SPINAL IMMOBILIZATION			
Initiates manual immobilization of the cervical spine		Critical Skill	
Applies cervical collar while maintaining manual immobilization		Critical Skill	
2. HELMET REMOVAL AND SPINAL IMMOBILIZATION			
Initiates manual immobilization of the cervical spine		Critical Skill	
Removes helmet		Critical Skill	
Applies cervical collar		Critical Skill	
Log-rolls patient		Critical Skill	
Positions patient appropriately on long spinal immobilization device		Critical Skill	
Demonstrates securing of one strap		Critical Skill	
Maintains adequate head and spinal immobilization throughout the examination process		Critical Skill	

PASS: _____ FAIL: _____

Passing: Completes all “Critical Skills”

Examiner: _____

(Maine EMS Skillsheet – Series FRSPIN#5 – 12/99)

STATION # 5: SPINAL IMMOBILIZATION – EMT-B & ALS**TIME LIMIT – 20 MINUTES** Start: _____ Finish: _____

Candidate Name: _____ # _____ Date: _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. INTERIM SPINAL IMMOBILIZATION			
Initiates manual immobilization of the cervical spine		Critical Skill	
Applies cervical collar while maintaining manual immobilization		Critical Skill	
Positions interim spinal immobilization device correctly		Critical Skill	
Secures torso to device *		Critical Skill	
* EXAMINER INSTRUCTS CANDIDATES TO SWITCH POSITIONS (WHILE MAINTAINING CERVICAL IMMOBILIZATION) AFTER 1st TORSO STRAP IS SECURED.			
Secures head to interim spinal immobilization device		Critical Skill	
Maintains adequate head and spinal immobilization throughout the examination process		Critical Skill	
Indicates assessment of circulation, sensation, and motor function before and after application of the spinal immobilization device		Critical Skill	
2. HELMET REMOVAL AND FINAL SPINAL IMMOBILIZATION			
Initiates manual immobilization of the cervical spine		Critical Skill	
Removes helmet		Critical Skill	
Applies cervical collar while maintaining manual immobilization		Critical Skill	
Log-rolls patient		Critical Skill	
Positions patient appropriately on long spinal immobilization device		Critical Skill	
Demonstrates securing of one strap		Critical Skill	
Maintains adequate head and spinal immobilization throughout the examination process		Critical Skill	

Total “NO’s” other than “Critical Skills”: _____

PASS: _____ FAIL: _____

Passing: Completes all “Critical Skills”

Examiner: _____

(Maine EMS Skillsheet – Series E&ASPN#5 – 12/99)

STATION # 6: PATIENT ASSESSMENT – BLS/ALS – MEDICAL**TIME LIMIT – 20 Minutes Start: _____ Finish: _____****Candidate Name: _____ # _____ Date: _____**

SKILL DESCRIPTION	YES	NO	COMMENTS
1. SCENE SIZE-UP			
Takes or verbalizes Body Substance Isolation (BSI) precautions			
Assesses scene safety			
Considers stabilization of cervical spine			
2. INITIAL ASSESSMENT			
Determines chief complaint/apparent life threats		Critical Skill	
Determines responsiveness		Critical Skill	
Assesses airway and breathing		Critical Skill	
Initiates appropriate oxygen therapy		Critical Skill	
Assesses and controls major bleeding (as applicable)			
Assesses pulse		Critical Skill	
Assesses skin (color, condition, temperature)			
Makes transport decision		Critical Skill	
3. FOCUSED PHYSICAL EXAM AND HISTORY			
Determines onset of chief complaint			
Questions what causes the pain or distress, and, what makes the pain/distress better or worse			
Questions quality of the pain/distress (what does it feel like – sharp, dull etc.)			
Questions radiation of pain/distress			
Questions severity of pain/distress			
Questions timing of pain/distress			
Questions allergies			
Questions medications			
Questions past medical history			
Questions last meal			
Questions events leading to present illness			
Performs focused physical exam (Assesses affected body part/system)			

CONTINUED
PAGE - 1 of 2

STATION # 6: PATIENT ASSESSMENT – BLS/ALS – MEDICAL
PAGE 2 of 2

SKILL DESCRIPTION	YES	NO	COMMENTS
4. VITAL SIGNS			
Obtains pulse		Critical Skill	
Obtains respirations		Critical Skill	
Obtains blood pressure		Critical Skill	
Obtains papillary response			
Assesses skin (color, temperature, capillary refill)			
5. BLS INTERVENTION			
Obtains medical direction or verbalizes standing order for medical intervention – verbalizes proper additional intervention/treatment			
Requests ALS if available			
6. ALS INTERVENTION (INTERMEDIATE AND ABOVE			
Verbalizes appropriate fluid therapy		Critical Skill	
Verbalizes use of ECG monitor			
Verbalizes appropriate pharmacologic intervention (Paramedic)			

Total “No’s” other than “Critical Skill”: _____

PASS: _____ **FAIL:** _____

**Passing: Completes all “Critical Skill”
and misses no more than 7 non-critical skills**

Examiner: _____

STATION # 6: PATIENT ASSESSMENT – BLS/ALS – TRAUMA**TIME LIMIT – 20 MINUTES****START:** _____**FINISH:** _____**Candidate Name:** _____ **#** _____ **Date:** _____

SKILL DESCRIPTION	YES	NO	COMMENTS
1. SCENE SIZE-UP			
Takes or verbalizes Body Substance Isolations (BSI) precautions			
Assesses scene safety			
Stabilizes cervical spine		Critical Skill	
2. INITIAL ASSESSMENT			
Determines responsiveness			
Opens airway		Critical Skill	
Assesses breathing		Critical Skill	
Initiates appropriate oxygen therapy		Critical Skill	
Assesses and controls major bleeding		Critical Skill	
Assesses pulse		Critical Skill	
Assesses skin (color, condition, temperature)			
Makes transport decision		Critical Skill	
3. RAPID ASSESSMENT – INSPECTION/PALPATION			
Assesses head			
Assesses neck and cervical spine			
Applies cervical collar		Critical Skill	
Assesses chest			
Auscultates breath sounds			
Assesses the abdomen			
Assesses the pelvis			
Assesses the extremities for circulation, sensation and motor function			
Assesses the back and spine (with log roll, or before placing patient on longboard)			
Obtains baseline pulse		Critical Skill	
Obtains baseline respirations		Critical Skill	
Obtains baseline blood pressure		Critical Skill	
Obtains SAMPLE history (Signs/symptoms, Allergies, Medications, Past medical history, Last meal, Events leading to present illness / injury)			

CONTINUED**PAGE – 1 of 2**

STATION # 6, PATIENT ASSESSMENT – BLS/ALS – TRAUMA

PAGE – 2 of 2

SKILL DESCRIPTION	YES	NO	COMMENTS
4. ALS INTERVENTION (INTERMEDIATE AND ABOVE)			
Verbalizes appropriate fluid therapy		Critical Skill	
Verbalizes use of ECG monitor			
5. DETAILED PHYSICAL EXAMINATION			
Inspects/palpates scalp and ears			
Assesses the eyes (including papillary response)			
Assesses facial area (including oral and nasal area)			
Inspects and palpates neck (as allowed by cervical collar)			
Assesses for JVD (as allowed by cervical collar)			
Assesses for tracheal deviation (as allowed by cervical collar)			
Inspects chest			
Palpates chest			
Auscultates chest			
Assesses the abdomen			
Assesses the pelvis			
Verbalizes assessment of genitalia/perineum as needed			
Assesses the extremities (including inspection, palpation, and assessment of circulation, sensation, and motor function)			
Assess posterior thorax and lumbar (as allowed by spinal immobilization device)			
Verbalizes reassessment of vital signs			

Total “No’s” other than “Critical Skills”: _____ PASS: _____ FAIL: _____

**Passing: Completes all “Critical Skills”
and misses no more than 9 non-critical skills**

Examiner: _____